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teen

— *the* —  
PARENTS HANDBOOK

"IT IS THE FIRE OF THE SOUL  
THAT REFUSES TO CONFORM,  
THAT IS DISSATISFIED WITH THE  
STATUS QUO, THAT CRIES OUT  
THAT IT WANTS TO CHANGE THE  
WORLD AND IS FRUSTRATED  
WITH NOT KNOWING HOW."

*- the Lubavitcher Rebbe*





Cteen (The Chabad Teen Network) is inspired by the *Lubavitcher Rebbe's* belief in the power of youth and in our ability to turn the teen years from a time of restless confusion into one of meaningful revolution.

## our MISSION



We strive to provide a nurturing environment where teens can learn about themselves through giving to others, identify with individuals who share the same faith, and be part of a group that focuses on building core values and stresses positive character development.

# why JOIN CTEEN



“ SOW A THOUGHT, REAP AN ACTION  
SOW AN ACTION, REAP A HABIT  
SOW A HABIT, REAP A CHARACTER  
SOW A CHARACTER, REAP A DESTINY ”



AS A PARENT YOU WONDER, WHAT CAN I DO TO  
HELP MY TEEN THROUGH HIS/HER TEENAGE YEARS?

Research shows that by joining social groups that emphasize community service, teens build self-esteem, strengthen their integrity, and maximize their cognitive development. By being part of a community, socially involved and connected, teens broaden their interpersonal and intrapersonal skills, deeply impacting this period of personal development.

Encouraging your child to join Cteen and participate in its programs will have a profound effect on their personal growth. Through volunteer projects and recreational activities, Cteen will provide unparalleled opportunities for positive interactions that give your teen a sense of accomplishment, transmitting qualities of respect, empathy, self sacrifice, and honesty. By joining together to share constructive thought and action, Cteen teens will form positive habits, build character, and change their destinies for the good.



## our APPROACH

Cteen delivers a comprehensive program based on a three-part framework:



### EDUCATIONAL

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Cteen places education at its forefront, ensuring that every program is designed to enhance the development of Jewish awareness and important life skills.



### HUMANITARIAN

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Cteen helps teens build compassion and self-worth by giving back to the community through volunteering and humanitarian projects.



### SOCIAL

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Cteen builds social skills through positive affiliations, ensuring personal growth and Jewish pride in a society where working together is the key to advancement.



## *college* PREP

Cteen also offers a valuable preparation for the transition from high school to college. As a member of Cteen, your teen is guaranteed to find a home away from home when he/she enrolls in a university with a Chabad on Campus. Chabad on Campus has student centers in more than 165 college institutions across the country. For more information about Chabad on Campus, please visit [www.chabad.edu](http://www.chabad.edu).



*join*  
**TODAY**

Cteen is the fastest growing Jewish Teen Network in the world. With everything from local events to regional trips and even a national Shabbaton in New York City, your teen is guaranteed to find a true place of belonging in this thriving community of Cteen teens. Sow seeds in your teen's Jewish identity and adult potential by joining Cteen today.